



# Model Farmer in Sustainable Organic Agriculture

## Focused Integrated Farming for Commercial Success



**KULIKA UGANDA** is an Indigenous NGO founded in 1981 and promoting sustainable organic agriculture. Kulika Uganda's major focus is to support community development through the implementation of programmes in the thematic areas of Sustainable organic agriculture training and farmer to farmer extension; Vocational skills training; and Scholarship administration... **Page 2**



**KULIKA UGANDA**  
Transforming Livelihoods  
SINCE 1981

### PHYSICAL ADDRESS (OFFICE)

Plot 472, Nsambya Road

### POSTAL ADDRESS:

P.O Box 11330, Nsambya -  
Kampala

### DISTRICT:

Kampala

### WEBSITE:

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### CONTACT NUMBER:

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### EXTENSION SERVICES

### CONTACT PERSON:

Mrs. Florence Ddumba

## Mrs. Hawa Nabaale

Mrs. Hawa Nabaale, a vibrant and dedicated farmer, aged 34 and a mother of three children, hails from Buwembo-Kataita in Namayumba Town Council, Wakiso District. Alongside her husband, Mrs. Nabaale represents the next generation of smallholder farmers who have successfully transformed their farming practices. After migrating from the Masaka region a decade ago, they settled on a 3-acre plot in Buwembo, where they primarily cultivated beans and maize. About six years ago, their farming journey took an exciting turn when they were introduced to Kulika Uganda, an organization renowned for promoting sustainable and ecological practices.

## KULIKA UGANDA - Organization Profile

Kulika Uganda is an Indigenous NGO founded in 1981 and promoting sustainable organic agriculture. Initially Kulika operated as a UK grant-making charitable trust specializing in the provision of educational scholarships for East African students, but later developed into a fully independent Ugandan registered NGO with an emphasis on community development and the provision of educational opportunities to help people improve their livelihoods. Kulika Uganda strategic direction includes a vision of “Rural communities with enhanced livelihoods,” a mission “To provide relevant skills and technologies to empower rural communities” and all the operations are guided by the core values of integrity, commitment, teamwork, respect and learning. Kulika Uganda’s major focus is to support community development through the implementation of programmes in the thematic areas of Sustainable organic agriculture training and farmer to farmer extension; Vocational skills training; and Scholarship administration. The development of a Sustainable Agriculture Training Programme, which started in the mid- 1990s has transformed many families and communities in Uganda.

Mrs. Nabaale had the opportunity to undergo training at Kulika's center of excellence in Namayumba, where she honed her skills in sustainable agriculture.

Inspired by the training, they embraced the concept of integrating enterprises, a practice that proved highly beneficial. They successfully incorporated vegetable cultivation into their banana plantation, capitalizing on the shade provided by the banana plants and the efficient water preservation within the plantation. Year-round vegetable farming became a reality for them. Furthermore, they ventured into poultry farming, opting for kuroiler birds and raising batches of 500 birds at a time. Recognizing the cost of poultry feed, they increased their maize and soya production to ensure a portion of the harvest could be utilized for feed processing. Building strong market linkages with catering companies, they sell their birds when they reach 3 to 3.5 kilograms, fetching prices between Ushs 35,000 to Ushs 40,000 per bird. This increased productivity allowed them to expand their land holdings, now totaling an impressive 9 acres.



**Left:** Integration of vegetable cultivation in banana plantation, **Right:** Nabaale feeding the kuroiler chicks

With the additional land, they focused more on maize production, as it serves as a crucial feed component for their poultry operation. They now produce an average of 2.5 tonnes of maize per season. Concurrently, their banana plantation has expanded to 4 acres, with intercropped vegetables such as tomatoes, cabbage, cucumber, and eggplants, resulting in increased yields. At the end of each season, these hardworking farmers earn at least Ushs 12,000,000, significantly improving their standard of living. Vanilla has also come to be a very important enterprise with earnings steadily growing to over Ushs 3,000,000 a year.



**Left:** Nabaale showing some of the vanilla grown on the farm, **Right:** Nabaale tending to the cabbages on her farm

As a Kulika Key Farmer Trainer (KFT), Mrs. Nabaale plays a vital role in providing extension services to other farmers in Namayumba Town Council. Her garden has become a learning center, showcasing commercial success and inspiring fellow smallholder farmers. Through her position and on-farm practices, she has become a role model and mentor for smallholders in her community. Embracing innovative practices and integration of enterprises, Mrs. Hawa Nabaale has paved the way for sustainable farming in Namayumba. Her success story demonstrates the transformative power of knowledge and the impact that resilient and forward-thinking farmers can have on their communities. Mrs. Nabaale's journey serves as an inspiration, inspiring others to adopt sustainable practices and explore the potential for integrated farming systems.

## ► Farmer Profile

### MRS. HAWA NABAALÉ

**Gender:** Female  
**Village:** Buwembo - Kataita  
**Sub County:** Namayumba Town Council

**District:** Wakiso  
**Contact:** (+256) 782129621

## About ACSA

Advocacy Coalition for Sustainable Agriculture (ACSA) is a legally registered national network of Civil Society Organizations (CSOs), which work with small holder farmers (SHFs) and promote Sustainable Agriculture, Agricultural market development, Environmental conservation, Research and Advocacy. This is aimed at increasing farmer's understanding of policy issues affecting small holder farmers in Uganda. ACSA's mandate is "Advocating for the agrarian policy environment for small holder farmers in Uganda". Currently, ACSA has membership of 29 CSOs (8 Caritas organizations, 3 Networks, 5 Farmers' Associations and 13 Non-Government Organizations - NGOs) spread country wide in 46 districts with a Mission "to Empower civil society organizations working with small holder farmers to advocate for favourable agrarian Policy environment for sustainable communities" and a Vision of "Smallholder farmers living in a Sustainable Environment".

ACSA's focus areas are; Advocacy and Lobbying, Research and documentation, Capacity building of member Organisations, Capacity building of ACSA secretariat, Networking and partnership Building, which are undertaken under the overall Goal of: "Relevant agriculture policies and services for Small Holder Farmers (SHFs) are implemented to foster profitable sustainable agriculture enterprises.

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